

JOINTS & SOFT TISSUE INJECTIONS WITHOUT TEARS !



AIMS:

- To develop and improve the knowledge and skills in the articular and periarticular injection of steroids and local anaesthetic agents in adults.
- To demonstrate increased confidence in injection techniques, as a result of the improved competence.

OBJECTIVES:

At the end of the course, the participant will be able to:

- 1) Clinically diagnose the *common* Rheumatological conditions seen in primary care that are amenable to steroid injection therapy.
- 2) Describe the possible differential diagnoses when making a working diagnosis
- 3) Localise the anatomical site of the problem/lesion in the three dimensional context.
- 4) Describe the pathological nature of the problem/lesion
- 5) Demonstrate the technical procedure to the tutors at the practical sessions
- 6) Discuss the implications of the therapeutic intervention, with the patient

METHODOLOGY:

A one day course with lectures, demonstrations, videos, and practise on models in the Skills Laboratory under expert supervision.

ASSESSMENT:

- 1) Precourse Questionnaire for baseline assessment of knowledge.

OUTCOME:

A **Certificate** of Competence in Joint and Soft tissue injections.

PRECOURSE PREPARATION:

Participants are strongly advised to revise their knowledge of the anatomy and surface anatomy of the articular and periarticular areas of the joints in the upper and lower limbs. Resources include Atlases from books, Internet and Computer Assisted learning Packages. Recommended bibliography would be provided.

